



Kid Kick Newsletter

Decision Making

— verb; making a choice from the information you have.

Have you ever had to make a difficult decision? How did you decide? No matter how old you are, you have to make many decisions every day. Even the leaders of countries have to make choices and decisions just like you and, believe it or not, they do it the same way you do.

First, you have to think of all the available choices; that's the easy part. Then, you have to narrow it down to a few choices; that's harder. You make this part easier by gathering all the information about the choices; some will just not work (wearing a bathing suit to martial arts class) Then, the hardest decision is choosing the right one for you at that time. Sometimes the right decision isn't the fun choice, but it can be the right one. For example: Instead of spending an extra hour playing with friends, you study for your spelling test. It may not be fun, but that A or B on your test will be a great reward for a small amount of time. The one decision that is easy to make is coming to martial arts class!

OCTOBER 2011



October Jokes

1. Where does success come before work?

In the dictionary!

2. Detective, how did you know the man was a martial artist?

He tied his bathrobe belt in a perfect knot; then checked to make sure the ends were exactly even.



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Fire Prevention Week!

This year, October 9 through 15 is Fire Prevention Week. It's always held the week containing October 9 because the Great Chicago Fire of 1871 happened on October 8 and burned for over 27 hours. This quickly sparked major efforts in fire prevention. Forty years later, the first Fire Prevention Day was held and, in 1920, President Woodrow Wilson proclaimed it Fire Prevention Week.

You have fire drills at school, but have you ever had a fire drill at home? Remember "EDITH," which stands for "Exit Drills In The Home". Today is a good day to have a practice drill! Do you know two ways to exit each room in your house? Why should you know two ways to exit? In case one way is blocked by fire. Walk through your home with your family and discuss how you should get out in case of a fire; windows count as an exit. Ask the grown-ups to test the smoke alarms and change the batteries. Then have them stage a fire drill when everyone is home. The key word isn't fire; it's prevention.



Did you know? Dalmatians became fire dogs because they were often kept around the horses at fire houses to guard them.



Cryptogram!

At the top there is a KEY that lists all the letters from A thru Z with a box below. Each of the blanks has a number underneath it. The bottom part contains a secret phrase. Each of the blanks has a number underneath it. Fill in the letters that correspond to the numbers below the blanks to solve the phrase.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
6				7				15						10			16	5		24					18

__ A R __ I A __
25 6 16 1 15 6 21

A R __ S
6 16 1 5

__ __ A S __
26 21 6 5 5

I S __ Y
15 5 25 18

__ A __ O R I __ E
17 6 19 10 16 15 1 7

__ A R __
8 6 16 1

O __
10 17

__ __ E
1 3 7

__ A Y,
14 6 18

I __ A __ E
15 3 6 19 7

__ U __
17 24 11

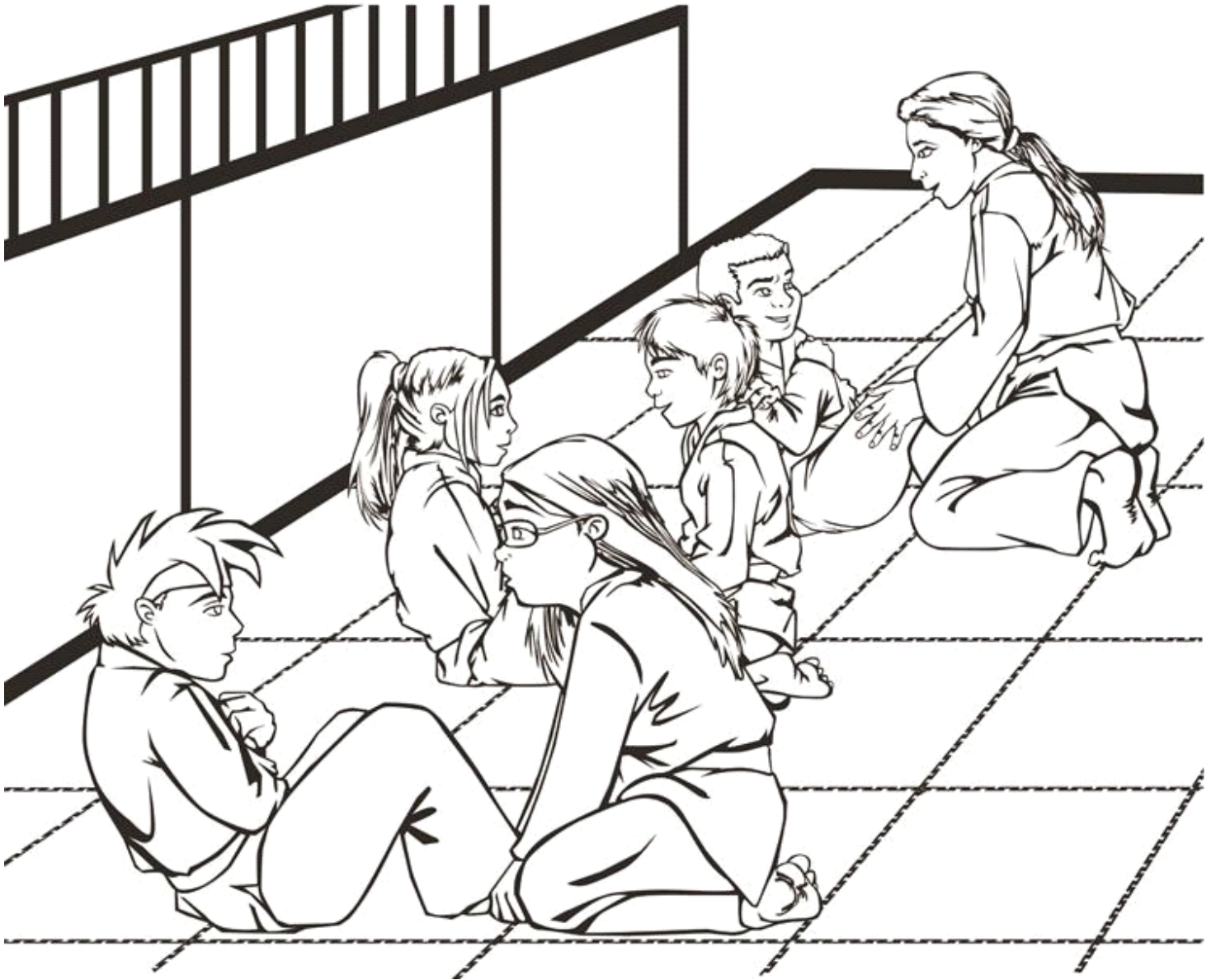
A __ __
6 11 14

__ E A R __
21 7 6 16 11

__ O __ S!
21 10 1 5

COLORING FUN!

KidKick made the decision to come to martial arts class. Color him and his friends doing sit-ups. Fitness and good health are two of the many benefits of attending class!





Word to Remember

Prevent (verb) \pri- vent\

What does it mean?

1: to keep from happening; prevent accidents. 2: to stop, hold or keep back; bad weather prevented us from leaving.

Example:

Fire drills at school and home help prevent people from being hurt in fires.

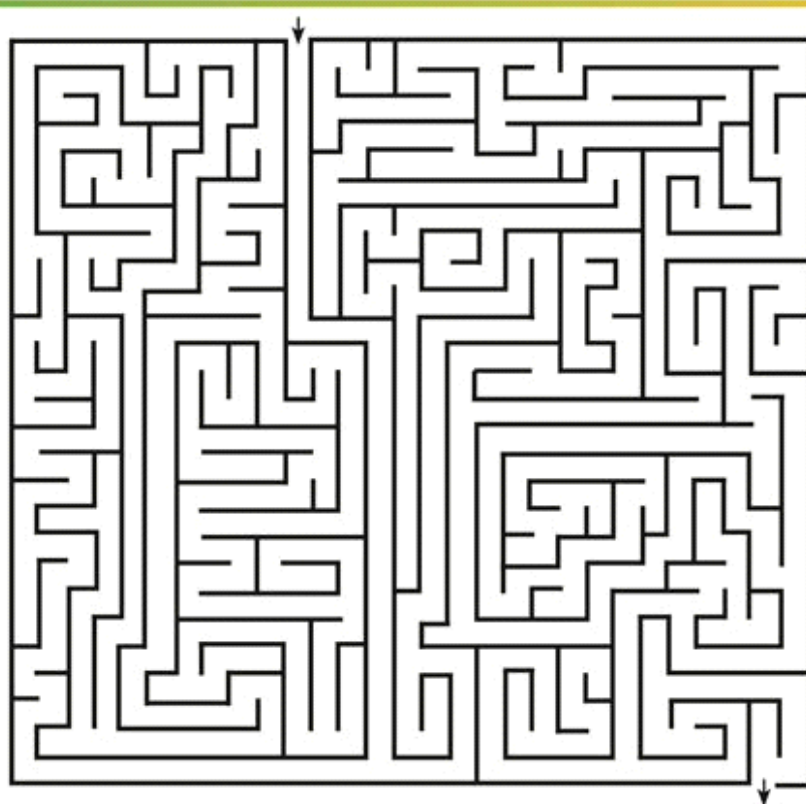
Wise
quote

“When you are content to be simply yourself and don’t compare or compete, everybody will respect you.”

— Laozi

Maze!

Fire drill time! Help the girl find her way out of the building, make sure to color her too!



EXIT