



Kid Kick Newsletter

November 2011

Grateful adj \□ grāt-fəl\

– Definition: Feeling or showing an appreciation of kindness; thankful.

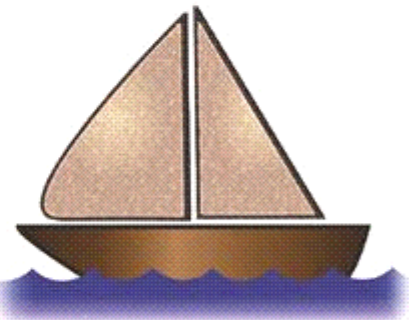
Gratefulness is being thankful or showing appreciation. It's a positive emotion or attitude that lets others know how you feel for having received something. You can show gratitude by thanking someone for opening a door or picking up something you dropped. It can also be something bigger, such as writing a note or making a card for someone who did something really nice for you.

Taking things for granted is easy. We expect our parents to take us to martial arts class or our teachers to help us learn. However, these are things we should be grateful for every day, not just around Thanksgiving. This week, pay attention to the big and small things others do for you.

Joke:

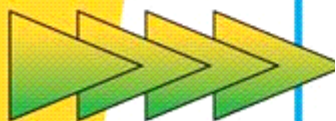
What did the water say to the boat?

Nothing, it just waved.



What do you get when you cross a dog with an elephant?

A very nervous postman.



ALL-STAR MARTIAL ARTS
14405 Telge Rd.
Cypress, Texas 77429
Ph: (281)373-KICK
www.allstarma.com



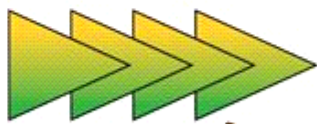


It's ParadeTime!

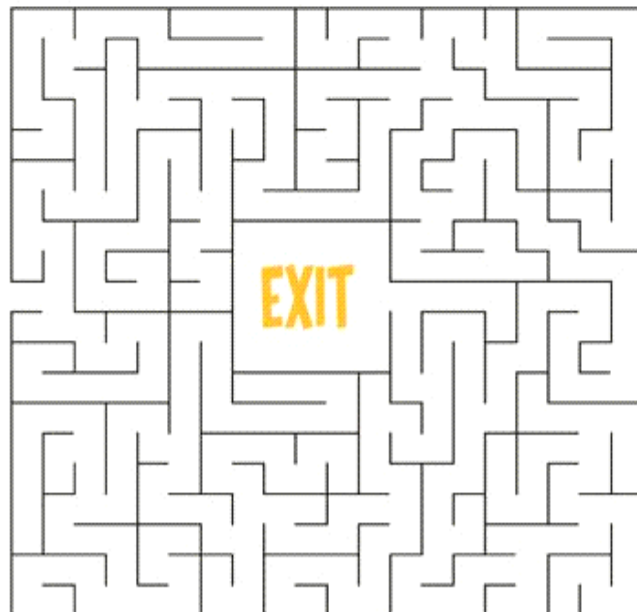


Nothing's more fun than waking on Thanksgiving morning to watch the Macy's Thanksgiving Day Parade, the second oldest parade in the U.S. In the 1920s, many of Macy's department store employees were first-generation Americans and they proudly wanted to celebrate the United States holiday of Thanksgiving with the type of festival their parents had loved in Europe.

In 1924, employees and entertainers marched from 145th Street in Harlem to Macy's flagship store on 34th Street, dressed in vibrant costumes along with floats, bands, and live animals borrowed from the Central Park Zoo. Large animal-shaped balloons replaced the live animals in 1927 when the Felix the Cat balloon made its debut. The parade was such a success that Macy's declared it would become an annual event. At the end of that first parade, as has been the case with every parade since, Santa Claus was welcomed into Herald Square!



ENTER



Get through the maze

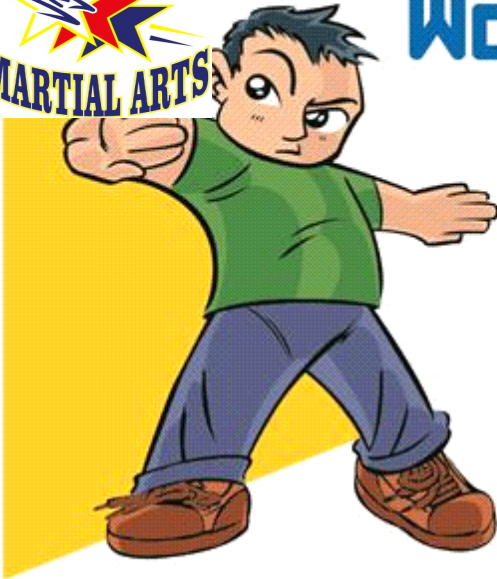
Can you help Kid Kick find the center of the maze?

**WRITE DOWN WHAT YOU
ARE GRATEFUL FOR!**



THINGS I AM GRATEFUL FOR:





Word to Remember

Somersault: (verb) [SUMM-er-sawlt]

:to perform a leap or roll in which a person turns heels over head.

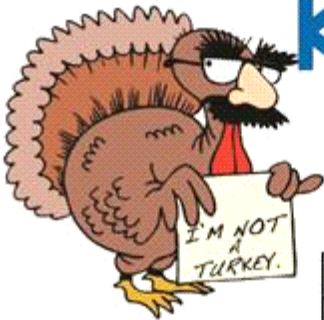
Example: Two of the demo team members somersaulted onto the mats before jumping up to perform!

Wise quote

“Karate is designed not to conquer others, but to conquer the weaknesses within ourselves.”

--- Sensei Hironori Ohtsuka

Kid Kick Word Search



- APPRECIATE
- POTATOES
- TABLE
- GRAVY
- PIE
- THURSDAY
- GRATEFUL

These words all have something to with the month of November
Search for them in this word search!

A	I	T	H	U	R	S	D	A	Y	K
P	I	E	R	T	K	B	I	U	P	C
O	G	R	A	T	E	F	U	L	Q	R
T	A	B	L	E	O	R	I	C	E	I
A	G	R	A	V	Y	V	K	L	F	C
T	H	O	L	N	G	D	R	E	Y	T
O	A	S	X	K	U	S	D	A	G	L
E	N	U	F	B	E	L	B	O	W	Q
S	A	P	P	R	E	C	I	A	T	E